

IMPLICIT Network Interconception Care (ICC)



"Preventing prematurity, one woman/birthing person at a time"

What is IMPLICIT ICC?

What are the risk factors?



Smoking



Depression



Family Planning



Prenatal &
Multivitamin Use

ICC is a brief, innovative model that **screens** mothers/birthing people at well child visits from 0 -24 months to address **4** modifiable risk factors.

The Stats:

94%

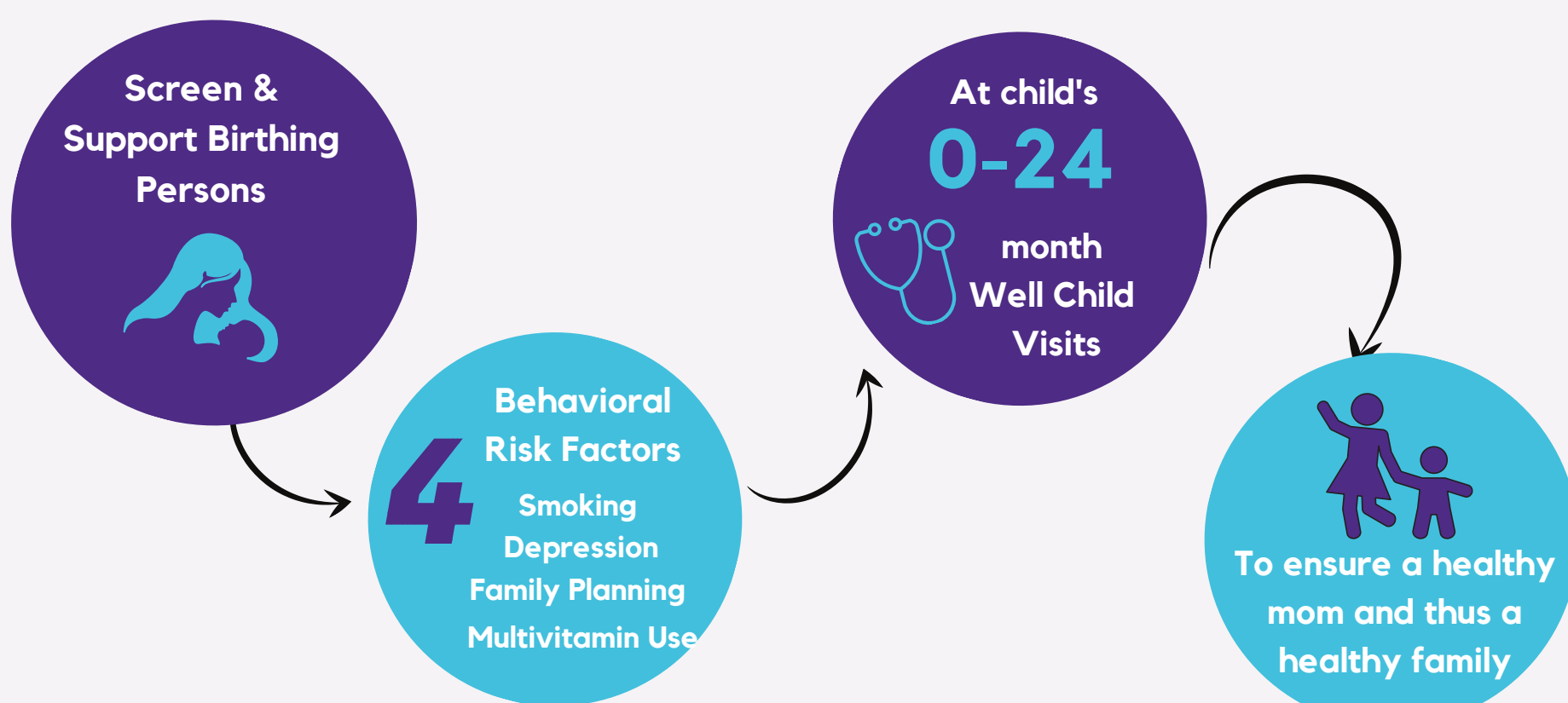
of mothers/birthing people attend their child's well child visit!

93%

of mothers/birthing people are willing to receive health advice from their child's doctor!

64%

of mothers/birthing people screened positive for one or more ICC risk factors during a well child visit!



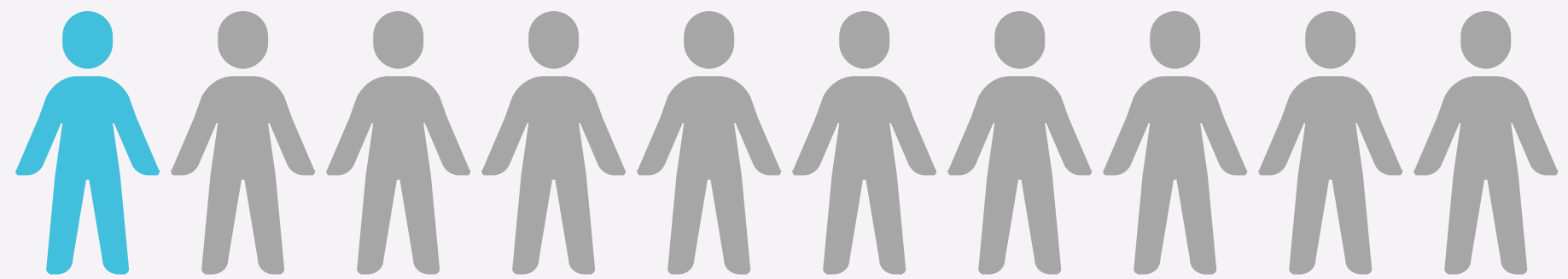
**For More Information:
Contact the IMPLICIT
Network Team at
implicit@fmec.net**

Why ICC?

Interconception Care (ICC) is the care that is given to women/birthing people **BETWEEN** pregnancies. It allows us to identify and address risk factors prior to the next pregnancy.

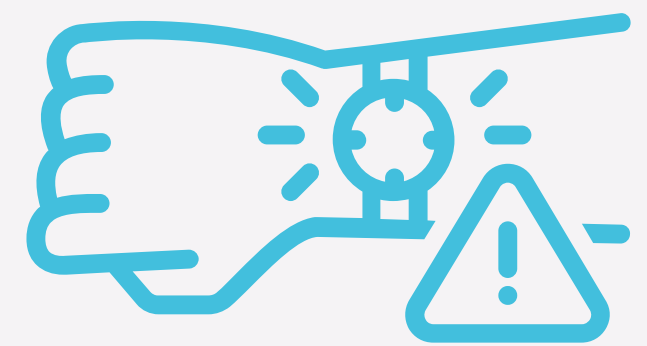


Early and adequate prenatal care is not enough to prevent premature and low birth weight infants.



1 in 10 infants in the United States are born prematurely.

52%



Non-Hispanic Black women/birthing people are 52% more likely to experience premature birth as compared to their white counterparts.



SMOKING IN PREGNANCY

Prenatal smoking is associated with **5-8%** of preterm births, **13-19%** of term infants with growth restriction, **5-7%** of preterm-related deaths and **23-34%** of sudden infant death syndrome (SIDS) deaths.



FOLIC ACID FOR BIRTHING PEOPLE

In the United States, **3,000** infants are born with neural tube defects. Periconceptional folic acid supplementation reduces the rate of neural tube defects by **72%**.



PERINATAL DEPRESSION SCREENING

1 in 8 women/birthing people is affected by perinatal depression. Major depression peaks **6** weeks after birth, but may occur at any time in between pregnancies.



Family Planning

Birth spacing of less than **18** months increases the risk of preterm birth and other adverse outcomes. Over **40%** of pregnancies are described as unintended.