

# Interventions to Minimize Preterm and Low birth weight Infants using Continuous quality Improvement Techniques



## IMPLICIT Network Newsletter

"Preventing prematurity one woman at a time"

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## October 2017

### Action Steps

Please complete the following Action Steps:

- 1) Review the June 30, 2017 **IMPLICIT Focus on Improving LARC Access** webinar facilitated by Dr. Mario DeMarco from University of Pennsylvania
- 2) *Save the Date: IMPLICIT Focus on Interpregnancy Interval Webinar/Journal Club* on Thursday, October 12, 2017 at Noon (EST) facilitated by Dr. Steve Ratcliffe from Lancaster General Hospital. In preparation, please review *[Interpregnancy interval after live birth or pregnancy termination and estimated risk of preterm birth: a retrospective cohort study.](#)*
- 3) RSVP for the **IMPLICIT Annual Meetings** using the links below **by Friday, October 20, 2017:**

#### **Fall 2017 in conjunction with the FMEC Annual Meeting in Cleveland, OH**

- Thursday, November 9, 2017 Networking dinner at 7:00PM
  - [Click here to RSVP for Thursday](#)
- Friday, November 10, 2017 from 8:00AM-Noon
- Sunday, November 12, 2017 from 9:30AM-Noon
  - [Click here RSVP for Friday and Sunday](#)
  - If you are attending any portions of the FMEC Annual Conference, in addition to the IMPLICIT Meeting you must register for the meeting separately.

#### **Spring 2018 in Lancaster, PA**

- Thursday, April 12, 2018 Networking dinner at 7:00PM
- Friday, April 13, 2018 from 8:00AM-5:00PM
  - [Click here to RSVP for Thursday and Friday](#)

- 4) [Share your ICC story with the Network](#)

## Network News

### **IMPLICIT Focus on Improving LARC Access:**

In June 2017 Dr. DeMarco from the University of Pennsylvania presented a webinar on family planning and birth spacing, specifically discussing the logistical concerns affecting LARC access. Dr. DeMarco reiterated the value of WCV's as a logical means to improve access to LARC. As one of the target goals of the Network, encouraging use of LARC is a high priority. Furthermore, the American Congress of Obstetricians and Gynecologists (ACOG) shares this sentiment. Through Network data, Dr. DeMarco showed that the highest intervention rates related to LARC are seen in the earlier months of WCV's and dip at later visits. This provides a window of opportunity for physician education, as studies demonstrate that LARC is a cost-effective intervention, even if the use of LARC is in the short-term 12-24 month period. Dr. DeMarco also presented how the barriers to LARC are complicated: the need for pre-authorization in many cases, slow reimbursement, and lack of trained providers lead the list of reasons why LARC is underutilized. Further, site to site variability is high, as was discussed from the examples from UPenn and LGH. Recommendations were made to educate participants in the Medicaid supported improved access to IUDs and to review updated ACOG guidelines.

- [IMPLICIT Focus on Improving LARC Access](#)
- [Link to webinar](#)

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### **IMPLICIT Focus on Interpregnancy Interval Webinar/Journal Club:**

Join the Network and Dr. Steve Ratcliffe from Lancaster General Hospital for our next webinar, IMPLICIT Focus on Interpregnancy Interval Webinar/Journal Club on Thursday, October 12 at Noon. In preparation for the meeting, please review *[Interpregnancy interval after live birth or pregnancy termination and estimated risk of preterm birth: a retrospective cohort study](#)*.

Feel free to invite anyone (medical students, residents, etc.) that may be interested in participating.

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### **RSVP for the IMPLICIT Annual Meetings:**

The 2017 IMPLICIT Fall Meetings are right around the corner. Before we know it, it will also be Spring, so begin planning accordingly now. Please RSVP and make travel arrangements for the upcoming IMPLICIT Meetings

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### Share your ICC story with the Network:

We are collecting providers' ICC stories to document real examples of ICC. Need help thinking of a story? Review Dr. Corey Fogleman's:

"I see the children of women who are staying at a local drug recovery center. Recently, a nine month old who'd received no immunizations arrived and over the course of six months we caught him up on all his shots. During those visits, I did manage to talk to mom about her health, using the ICC smartphrase as a prompt. The mother came around and admitted she has decided to turn her life around, go to school and then work as a counselor. So...I reiterated that she might consider long acting birth control to give her the time necessary to complete this sort of transition, which she accepted as good advice. Last week, I put in nexplanon, for which she was very thankful. I felt like we'd made a good decision for her, and helped set her up for success in terms of her new life."

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### Get more involved with the Network, join a Committee:

Thank you to all who replied with interest in Network committees. Below is a list of committee members. Committees will meet quarterly.

#### Data Review Committee

Facilitated by [Jess Brubach](#)

- Latonya Beatty
- Kayla Krajick
- Sam Martin
- Lisa Schlar
- Aimee Smith

#### Scholarly Activity Committee

Facilitated by [Maha Shafqat](#)

- Dan Frayne
- Scott Hartman
- Heidi Knoll
- Stephanie Rosener
- Sukanya Srinivasan

#### [SA Committee Expectations](#)

#### [DR Committee Expectations](#)

#### Leadership Council

Facilitated by [Jess Brubach](#)

- Steve Ratcliffe
- Wendy Barr
- Dan Frayne
- Scott Hartman
- Stephanie Rosener
- Lisa Schlar
- Aimee Smith

As a subset of the Scholarly Activity Committee, the Network is forming a Speaker's Bureau to help disseminate ICC. If interested in joining the Speaker's Bureau or any other committee, [contact the Network](#).



### IMPLICIT ICC Toolkit:

The IMPLICIT Interconception Care (ICC) Toolkit has been published! Access the toolkit by visiting [www.prematurityprevention.org](http://www.prematurityprevention.org) and clicking "Toolkits". The toolkit is free, although you will need to create a username and password. Be sure to review both the toolkit and appendices. Special thanks to Dan Frayne, Jessica Brubach, and Sue Stigleman for working closely with the March of Dimes to develop this wonderful resource.

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### Additional support for maternal screening:

Some states are reimbursing for maternal depression screening during well child visits under

the child's Medicaid number. [Learn more about how this impacts sites in the Network.](#)

Additional support from maternal screening during pediatric visits:

- Annals of Family Medicine Publication: [\*\*Interconception Care for Mothers During Well-Child Visits With Family Physicians: An IMPLICIT Network Study\*\*](#)
- American Academy of Pediatrics: [\*\*CPT code changes for health risk assessments\*\*](#)
- CMS Medicaid brief: [\*\*Maternal Depression Screening and Treatment: A Critical Role for Medicaid in the Care of Mothers and Children\*\*](#)
- Georgetown University Health Policy Institute Center for Children and Families report: [\*\*Medicaid Expansion Promotes Children's Development and Family Success by Treating Maternal Depression\*\*](#)
- Georgetown University Health Policy Institute Center for Children and Families article: [\*\*States Try Innovative Approaches to Identify and Treat Maternal Depression\*\*](#)
- Hartford Courant: [\*\*Mental Health Screening For New Moms\*\*](#)

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#### **Pennsylvania Department of Health Collaboration:**

A grant with the Pennsylvania Department of Health was fully executed as of January 1, 2016.

- [Review the grant's work statement](#)
- [Review the Year 1 Quarter 3 Report](#)
- [Review the Year 1 Quarter 4 Report](#)
- [Review the Year 1 Annual Report](#)
- [Review the Year 2 Quarter 1 Report](#)
- [Review the Year 2 Quarter 2 Report](#)
- [Review the Year 2 Quarter 3 Report](#)
- [Review the Year 2 Quarter 4 Report](#)
- [Review the Year 2 Annual Report](#)

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#### **IMPLICIT Pregnancy Lite:**

Lancaster General Research Institute is working on building the IMPLICIT Pregnancy Lite project in REDCap. [Review the IMPLICIT Pregnancy Lite form.](#)

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#### **Upcoming Dates:**

##### Network Webinars

IMPLICIT Focus on Interpregnancy Interval  
Webinar/Journal Club:  
October 12, 2017 at Noon  
Webinar link:  
<http://imeet.com/fmec/implicit>  
Audio line: 1-404-602-9526 code: 474426#

##### In-person Meetings

Fall 2017 Meeting  
Friday, November 10, 2017 and  
Sunday, November 12, 2017 in conjunction  
with the FMEC Annual Meeting in Cleveland,  
OH

### Scholarly Activity

#### **The Network recently presented *Improving maternal health through implementation of IMPLICIT Interconception Care (ICC) at NAPCRG PBRN:***

In July of 2017, Jessica Brubach, Network Manager, Maha Shafqat, Project Coordinator, Abby Smith, UPMC Shadyside AmeriCorps Member, and Wes Heinle, Research Intern, attended the NAPCRG PBRN Conference. The conference's theme "Taking Practice Transformation to Scale

with Quality Improvement" spoke to the many presentations generating a variety of ideas and opportunities to improve and strength the IMPLICIT Network. During the conference Ms. Brubach presented *Improving maternal health through implementation of IMPLICIT Interconception Care (ICC)* on behalf of the Network. This short presentation focused on implementation of the IMPLICIT ICC model.

- [Link to PowerPoint slides](#)
- [Link to initial abstract](#)

**Participate in Scholarly Activity, represent the Network:**

Are you planning on attending any upcoming conferences? Are you looking to represent the Network or submit something related to ICC? [Let us know!](#)

**Upcoming meetings:**

Meeting	Meeting Dates	Meeting Location	Network Submission(s)
FMEC Annual Meeting	Nov 10-12, 2017	Cleveland, OH	2 accepted presentations
NAPCRG Annual Meeting	Nov 17-21, 2017	Montreal, Quebec	1 accepted presentation
STFM Annual Spring Conference	May 5-9, 2018	Washington, DC	1 submission

**Quick Links**

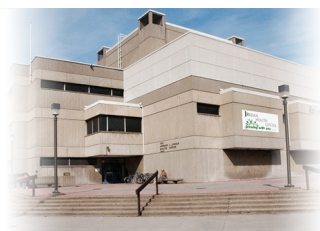
**Project Related Links:**

- [IMPLICIT Google Drive](#)
- [IMPLICIT Network Contact List](#)
- [IMPLICIT ICC Data Forms](#)
- [IMPLICIT Pregnancy Data Forms](#)
- [IMPLICIT Pregnancy Data Forms \(REDCap\)](#)
- [IMPLICIT Pregnancy Lite Data Forms](#)
- [IMPLICIT ICC Evidence Based Summary](#)

**Site Updates**

**Highlighted Site Update:**

**Welcome to the Network**



 Penn Medicine  
Lancaster  
General Health



**Anthony Jordan**  
in Rochester, NY

**Twin Rose**  
in Lancaster, PA

**University of Alabama**  
in Tuscaloosa, AL

Provider champion:  
Dr. Lorinda Parks

Provider champion:  
Dr. Benjamin Snell

Provider champions:  
Dr. Catherine Scarbrough  
and Dr. Catherine Skinner

We look forward to working with these new sites to implement ICC, enhance screening processes, and collaborate on best practice strategies.

**Network Status:**

Sites have been working very hard to join the IMPLICIT Network, implement ICC, and share data with the Network's aggregate database, REDCap.

- 25 sites in the IMPLICIT Network
- 20 sites have implemented ICC as a standard of care
- 15 sites are sharing ICC data with the Network in REDCap

Check out the following table with a list of each Network site and the site's Network status. Sites are categorized by Active, Active-Not Sharing Data, Emerging, and Affiliate members. Active members have implemented IMPLICIT ICC and are sharing data with the Network. Active-Not Sharing Data members have implemented IMPLICIT ICC but are not sharing data with the Network. Emerging members are in the process of implementation.

<b>IMPLICIT Network Site</b>	<b>State</b>	<b>Site Status</b>
Anthony Jordan Federally Qualified Health Center	NY	Active-Not Sharing Data
Forbes Family Medicine Residency	PA	Active-Not Sharing Data
Hunterdon Medical Center Family Medicine Residency	NJ	Emerging
Institute for Family Health Walton Family Health Center	NY	Active
Institute for Family Health Mid-Hudson Family Medicine Residency	NY	Active
Lancaster General Health Downtown Family Medicine Residency	PA	Active
Lancaster General Health Family Maternity Medicine	PA	Active
Lancaster General Health Twin Rose Health Centers	PA	Active
Lawrence Family Health Center and Family Medicine Residency	MA	Active-Not Sharing Data
Middlesex Hospital and Family Medicine Residency	CT	Active-Not Sharing Data
Mountain Area Health Education Center Family Medicine Residency	NC	Active
New Hanover Family Medicine Residency	NC	Active
United Health Services Wilson Family Medicine Residency	NY	Emerging
University of Alabama Family Medicine Residency	AL	Emerging
University of Massachusetts Family Medicine Residency	MA	Active-Not Sharing Data
University of Mississippi Family Medicine and Pediatric Residencies	MS	Active

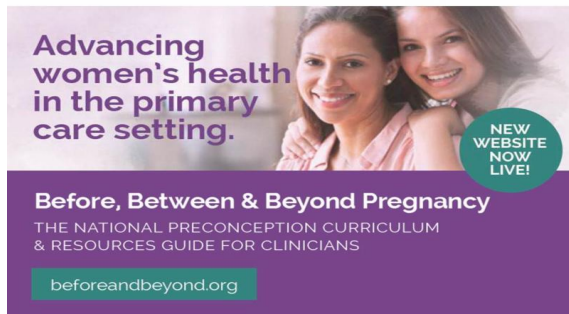
University of North Carolina Chapel Hill Family Medicine Residency	NC	Emerging
University of Pennsylvania Family Medicine Residency	PA	Active
University of Rochester Family Medicine Residency	NY	Active
University of Pittsburgh Medical Center Williamsport Susquehanna Family Medicine Residency	PA	Active
University of Pittsburgh Medical Center Matilda Theiss Health Center	PA	Active
University of Pittsburgh Medical Center McKeesport Family Medicine Residency	PA	Active
University of Pittsburgh Medical Center Shadyside Family Medicine Residency	PA	Active
University of Pittsburgh Medical Center St. Margaret Family Medicine Residency	PA	Active
Wellspan Work Health Family Medicine Residency	PA	Emerging

[Click here to learn more about the status each site.](#)

### Learn more about caring for women and children

#### National Preconception Health and Health Care Initiative:

If you are looking for more information regarding preconception health, please visit the [National Preconception Health and Health Care Initiative's website](#). The clinical toolkit is a great resource to help providers meet patients' needs and incorporate preconception health into the routine care of women of childbearing age.



#### IMPLICIT Network Team:

Need help at your site? Have questions about IMPLICIT or ICC? Contact your Network support for assistance:



**Jessica Brubach**  
Network Manager

- Manages IMPLICIT Network
- Oversees ICC at UPMC
- Supports Network sites outside of PA



**Maha Shafqat**  
PA Project Coordinator

- Coordinates ICC at LGH
- Supports Network sites in Eastern PA



**Kristina Wint**  
Practice Facilitator

- Enhances ICC at UPMC
- Provides case management to move beyond screening rates
- Supports Network

[Visit IMPLICIT's website](#)

[Contact IMPLICIT](#)

Family Medicine Education Consortium

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