

# Interventions to Minimize Preterm and Low birth weight Infants using Continuous quality Improvement Techniques



## IMPLICIT Network Newsletter

"Preventing prematurity one woman at a time"

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## November 2017

### Action Steps

Please complete the following Action Steps:

- 1) Review the IMPLICIT Fall 2017 recap
- 2) If you attended the IMPLICIT Fall 2017 meetings, please complete the [meeting evaluation](#) by **December 8, 2017**
- 3) [Respond to the Doodle](#) about the **IMPLICIT Focus on Making the Most of your ICC Data Report Webinar** by **December 8, 2017**
- 4) [Contact the Network](#) if you would like to collaborate on an upcoming scholarly activity submission. The following submission deadlines are approaching quickly:
  - [\*Pennsylvania Public Health Association 1 Day Conference\*](#)
    - Event date: April 3, 2018
    - Submission deadline: December 1, 2017
  - [\*American Congress of Obstetricians and Gynecologists Annual Meeting\*](#)
    - Event Dates: May 3-6, 2019
    - Submission deadline: January 21, 2018
  - [\*American Public Health Association Annual Meeting and Expo\*](#)
    - Event Dates: November 10-14, 2018
    - Submission deadline: February 19, 2018
- 5) **Save the Date: IMPLICIT Spring 2018 Meeting in Lancaster, PA**
  - Thursday, April 12, 2018 Networking dinner at 7:00PM
  - Friday, April 13, 2018 from 8:00AM-5:00PM
    - [Click here to RSVP for Thursday and Friday](#)
- 6) [Share](#) your ICC story with the Network

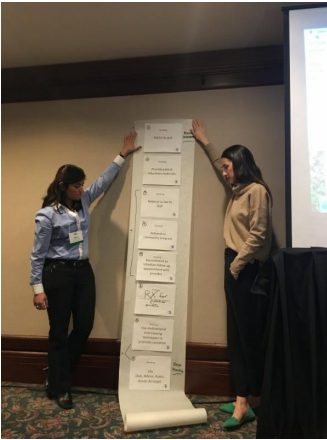
If you have news that you would like to include in the newsletter, please [email the Network](#)

**IMPLICIT Fall 2017 Recap:**

In case you missed it, review materials from the IMPLICIT Fall 2017 Meeting:

- [Agenda](#)
- [Meeting Slides](#)
- [Meeting Minutes](#)

If you attended the meetings, please share your thoughts by completing the [meeting evaluation](#).



**IMPLICIT ICC Interventions- what are they?**

If you attended the IMPLICIT Fall Meeting on Friday, you likely remember Dr. Lisa Schlar's presentation "IMPLICIT ICC Interventions- what are they?". Many attendees expressed interest in repeating this activity at their site. Feel free to use the materials below:

- [IMPLICIT ICC Interventions- what are they Slides](#)
- [Materials for Intervention Activity \(blank spectrum and risk factor options\)](#)
- [Final Network Intervention Spectrum \(as created during Friday's session\)](#)



	Least Intensive				Most Intensive			
Smoking	Advise to quit	Provide patient education materials	Referral to Fax to Quit	Referral to community program	Recommend to schedule follow-up appointment with provider	Rx for nicotine replacement therapies or medication	Use motivational interviewing techniques	5As – Ask, Advise, Assess, Assist, Arrange
Depression	Provide patient education materials	Give emergency crisis phone number	Referral to community program	Schedule follow-up appointment for mom outside of current session	Warm hand-off to Behavioral Health provider	Assess history of depression and discuss medications and treatments	Make provider an appointment for mom in that session	
Family Planning	Discuss interpregnancy interval	Provide patient education materials	Coordinate with PCP/Schedule an appointment to discuss options for established patient		Discuss family planning options including LARC	Provide birth control during the Well Child Visit		
Multivitamin with Folic Acid Use	Verbal counseling - Recommend taking folic acid daily	Provide patient education materials	Write Rx or provide coupon, voucher, or information on how to get MVI cheaply			Provide a bottle of MVI to the patient in the office		

### IMPLICIT Focus on Making the Most of your ICC Data Report Webinar:

Having trouble navigating the IMPLICIT ICC "R" data report sent to sites? Wish you knew where to look to obtain the information you need? Join the Network and Dr. Mike Horst, Director of Research Biostatistics at Lancaster General Research Institute, for the Network's next webinar *IMPLICIT Focus on Making the Most of your ICC Data Report*. This interactive webinar will explain the basic format of the ICC "R" data reports as well suggest key places to look for clinically relevant data. Feel free to invite anyone at your site who is interested in participating.

The webinar will either be held on:

- Monday, January 8, 2018
- Tuesday, January 16, 2018
- Wednesday, January 24, 2018

Please vote on which day you would like the Network to schedule the webinar by [completing the Doodle](#) by December 8.

### RSVP for the IMPLICIT Spring 2018 in Lancaster, PA:

Before we know it, it will be Spring, so begin planning accordingly now. Please RSVP and make travel arrangements:

- Thursday, April 12, 2018 Networking dinner at 7:00PM
- Friday, April 13, 2018 from 8:00AM-5:00PM
  - [Click here to RSVP for Thursday and Friday](#)

### Share your ICC story with the Network:

We are collecting providers' ICC stories to document real examples of ICC. Need help thinking of a story? Review Dr. Corey Fogleman's:

"I see the children of women who are staying at a local drug recovery center. Recently, a nine month old who'd received no immunizations arrived and over the course of six months we caught him up on all his shots. During those visits, I did manage to talk to mom about her health, using the ICC smartphrase as a prompt. The mother came around and admitted she has decided to turn her life around, go to school and then work as a counselor. So...I reiterated that she might consider long acting birth control to give her the time necessary to complete this sort of transition, which she accepted as good advice. Last week, I put in nexplanon, for which she was very thankful. I felt like we'd made a good decision for her, and helped set her up for success in terms of her new life."

## FMEC 2017:

The IMPLICIT Network was well represented at the Family Medicine Education Consortium 2017 Annual Meeting. In addition to the IMPLICIT Meetings on Friday and Sunday, the following were presented during the conference:

- *Trial and Error: Establishing a CQI Process to Implement ICC (InterConception Care) at Multiple Sites* by Heidi Knoll MD, Kayla Krajick BS, Laura Sturgil MD, Sukanya Srinivasan MD, MPH, Hilary Mislán MD
- *Are Patients Perceptive and Receptive? A Survey of Moms About Interconception Care During Well Child Visits* by Heidi Knoll MD, Kayla Krajick BS
- *Predictors of Insufficient Multivitamin Use During the Interconnection Period* by Ramey Chan BA, Sukanya Srinivasan MD, MPH, Frank D'Amico BS, MS, PhD, Ketian Cui MS
- *Changing Smoking Rates with Interconception Care* by Courtney Walsh DO
- *Enhancing Timing and Effectiveness of Tobacco Cessation Counseling in an Interconnection Care Model: An IMPLICIT Project* by Emily Brown BS, Mario DeMarco MD
- *Optimizing Time of Interconnection Care Counseling at Well Child Visits: An IMPLICIT Project* by Lauren Nadler BA, Mario DeMarco MD

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## Participate in Scholarly Activity, represent the Network:

Are you planning on attending any upcoming conferences? Are you looking to represent the Network or submit something related to ICC? [Let us know!](#)

## Upcoming Submission Deadlines meetings:

Are you interested in collaborating on a submission to an upcoming conference? [Let us know!](#) submission. The following submission deadlines are approaching quickly:

- *Pennsylvania Public Health Association 1 Day Conference*
  - Event date: April 3, 2018
  - Submission deadline: December 1, 2017
- *American Congress of Obstetricians and Gynecologists Annual Meeting*
  - Event Dates: May 3-6, 2019
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## Site Updates

### Network Status:

Sites have been working very hard to join the IMPLICIT Network, implement ICC, and share data with the Network's aggregate database, REDCap.

- 25 sites in the IMPLICIT Network
- 20 sites have implemented ICC as a standard of care
- 15 sites are sharing ICC data with the Network in REDCap

Check out the following table with a list of each Network site and the site's Network status. Sites are categorized by Active, Active-Not Sharing Data, Emerging, and Affiliate members. Active members have implemented IMPLICIT ICC and are sharing data with the Network. Active-Not Sharing Data members have implemented IMPLICIT ICC but are not sharing data with the Network. Emerging members are in the process of implementation.

IMPLICIT Network Site	State	Site Status
Anthony Jordan Federally Qualified Health Center	NY	Active-Not Sharing Data
Forbes Family Medicine Residency	PA	Active-Not Sharing Data

Hunterdon Medical Center Family Medicine Residency	NJ	Emerging
Institute for Family Health Walton Family Health Center	NY	Active
Institute for Family Health Mid-Hudson Family Medicine Residency	NY	Active
Lancaster General Health Downtown Family Medicine Residency	PA	Active
Lancaster General Health Family Maternity Medicine	PA	Active
Lancaster General Health Twin Rose Health Centers	PA	Active
Lawrence Family Health Center and Family Medicine Residency	MA	Active-Not Sharing Data
Middlesex Hospital and Family Medicine Residency	CT	Active-Not Sharing Data
Mountain Area Health Education Center Family Medicine Residency	NC	Active
New Hanover Family Medicine Residency	NC	Active
United Health Services Wilson Family Medicine Residency	NY	Emerging
University of Alabama Family Medicine Residency	AL	Emerging
University of Massachusetts Family Medicine Residency	MA	Active-Not Sharing Data
University of Mississippi Family Medicine and Pediatric Residencies	MS	Active
University of North Carolina Chapel Hill Family Medicine Residency	NC	Emerging
University of Pennsylvania Family Medicine Residency	PA	Active
University of Rochester Family Medicine Residency	NY	Active
University of Pittsburgh Medical Center Williamsport Susquehanna Family Medicine Residency	PA	Active
University of Pittsburgh Medical Center Matilda Theiss Health Center	PA	Active
University of Pittsburgh Medical Center McKeesport Family Medicine Residency	PA	Active
University of Pittsburgh Medical Center Shadyside Family Medicine Residency	PA	Active
University of Pittsburgh Medical Center St. Margaret Family Medicine Residency	PA	Active
Wellspan Work Health Family Medicine Residency	PA	Emerging

[Click here to learn more about the status each site.](#)

## IMPLICIT Content



### IMPLICIT ICC Toolkit:

The IMPLICIT Interconception Care (ICC) Toolkit has been published! Access the toolkit by visiting [www.prematurityprevention.org](http://www.prematurityprevention.org) and clicking "Toolkits". The toolkit is free, although you will need to create a username and password. Be sure to review both the toolkit and appendices. Special thanks to Dan Frayne, Jessica Brubach, and Sue Stigleman for working closely with the March of Dimes to develop this wonderful resource.

## Get more involved with the Network, join a Committee:

Thank you to all who replied with interest in Network committees. Below is a list of committee members. Committees will meet quarterly.

### Data Review Committee

Facilitated by [Jess Brubach](#)

- Latonya Beatty
- Kayla Krajick
- Sam Martin
- Lisa Schlar
- Aimee Smith

[DR Committee Expectations](#)

### Scholarly Activity Committee

Facilitated by [Maha Shafqat](#)

- Dan Frayne
- Scott Hartman
- Heidi Knoll
- Stephanie Rosener
- Sukanya Srinivasan

[SA Committee Expectations](#)

### Leadership Council

Facilitated by [Jess Brubach](#)

- Steve Ratcliffe
- Wendy Barr
- Dan Frayne
- Scott Hartman
- Stephanie Rosener
- Lisa Schlar
- Aimee Smith

As a subset of the Scholarly Activity Committee, the Network is forming a Speaker's Bureau to help disseminate ICC. If interested in joining the Speaker's Bureau or any other committee, [contact the Network](#).

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### Additional support for maternal screening:

Some states are reimbursing for maternal depression screening during well child visits under the child's Medicaid number. [Learn more about how this impacts sites in the Network.](#)

Additional support from maternal screening during pediatric visits:

- Annals of Family Medicine Publication: [Interconception Care for Mothers During Well-Child Visits With Family Physicians: An IMPLICIT Network Study](#)
- American Academy of Pediatrics: [CPT code changes for health risk assessments](#)
- CMS Medicaid brief: [Maternal Depression Screening and Treatment: A Critical Role for Medicaid in the Care of Mothers and Children](#)
- Georgetown University Health Policy Institute Center for Children and Families report: [Medicaid Expansion Promotes Children's Development and Family Success by Treating Maternal Depression](#)
- Georgetown University Health Policy Institute Center for Children and Families article: [States Try Innovative Approaches to Identify and Treat Maternal Depression](#)
- Hartford Courant: [Mental Health Screening For New Moms](#)

### Pennsylvania Department of Health Collaboration:

A grant with the Pennsylvania Department of Health was fully executed as of January 1, 2016.

- [Review the grant's work statement](#)
- [Review the Year 1 Quarter 3 Report](#)
- [Review the Year 1 Quarter 4 Report](#)
- [Review the Year 1 Annual Report](#)
- [Review the Year 2 Quarter 1 Report](#)
- [Review the Year 2 Quarter 2 Report](#)
- [Review the Year 2 Quarter 3 Report](#)
- [Review the Year 2 Quarter 4 Report](#)
- [Review the Year 2 Annual Report](#)
- [Review the Year 3 Quarter 1 Report](#)

### IMPLICIT Pregnancy Lite:

Lancaster General Research Institute is working on building the IMPLICIT Pregnancy Lite project in REDCap. [Review the IMPLICIT Pregnancy Lite form.](#)

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### Upcoming Dates:

**IMPLICIT Focus on Making the Most of your ICC Data Report**

Spring 2018 Meeting  
Friday, April 13, 2018 in Lancaster, PA

Webinar link:

<http://imeet.com/fmec/implicit>

Audio line: 1-404-602-9526 code: 474426#

**Quick Links**

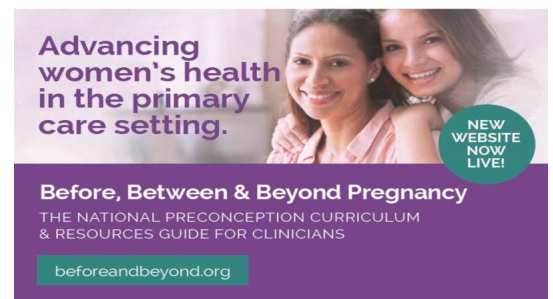
**Project Related Links:**

- [IMPLICIT Google Drive](#)
- [IMPLICIT Network Contact List](#)
- [IMPLICIT ICC Data Forms](#)
- [IMPLICIT Pregnancy Data Forms](#)
- [IMPLICIT Pregnancy Data Forms \(REDCap\)](#)
- [IMPLICIT Pregnancy Lite Data Forms](#)
- [IMPLICIT ICC Evidence Based Summary](#)

**Learn more about caring for women and children**

**National Preconception Health and Health Care Initiative:**

If you are looking for more information regarding preconception health, please visit the [National Preconception Health and Health Care Initiative's website](#). The clinical toolkit is a great resource to help providers meet patients' needs and incorporate preconception health into the routine care of women of childbearing age.



**IMPLICIT Network Team:**

Need help at your site? Have questions about IMPLICIT or ICC? Contact your Network support for assistance:



**Jessica Brubach**  
Network Manager

- Manages IMPLICIT Network
- Oversees ICC at UPMC
- Supports Network sites outside of PA



**Maha Shafqat**  
PA Project Coordinator

- Coordinates ICC at LGH
- Supports Network sites in Eastern PA



**Kristina Wint**  
Practice Facilitator

- Enhances ICC at UPMC
- Provides case management to move beyond screening rates
- Supports Network sites in Western PA

[Visit IMPLICIT's website](#)

[Contact IMPLICIT](#)

# FAMILY MEDICINE

## EDUCATION CONSORTIUM, INC.

